

Growing and Changing Knowledge Page Year 4

Key questions

Who can help us deal with change?

What is puberty and how can it affect our emotions?

How are men and women different?

How can I ask for help if a secret makes me uncomfortable?

What is marriage?

marriage

love

puberty

breasts

testicles

womb

choice

pubic hair

live together

uncomfortable

share

ovaries

enjoy

feelings

hormones

vagina

vulva

Civil Partnership

Lesson Progression

Wk	Lesson
1	Moving house
2	My feelings are all over the place!
3	All change!
4	Secret or surprise?
5	Together

Resources

Coram Life Education