

Year 5 - RHE Knowledge Page

Key questions

How can I work collaboratively?

How can I resolve a difficult issue or situation?

What are key qualities of friendship?

Who can I talk to if I'm in an unhealthy relationship?

How can I demonstrate assertive behaviour?

What are our emotional needs?

Why is responsible and respectful behaviour needed in all forms of communication?

collaborate	aggressive	resolution
unhealthy relationship	emotional needs	pressure
passive	assertiveness	negotiation
unsafe	compromise	body language
respect	uncomfortable touching	qualities
conflict		

Lesson Progression

Wk	Lesson
1	Collaboration Challenge!
2	Give and Take
3	How good a friend are you?
4	Relationship Cake Recipe
5	Being Assertive
6	Our Emotional Needs
7	Communication

Resources

Coram Life Education